

Harborough District Council

Report to the Cabinet Meeting of 10 October 2022



Title:	Health and Wellbeing Strategy Report
Status:	Public
Key Decision:	Yes
Report Author:	Jacqui Evans – Director of Communities and Wellbeing
Portfolio Holder:	Cllr Simon Whelband, Wellbeing, Communities & Housing
Appendices:	Appendix A – Health and Wellbeing Strategy 2022-2027 Appendix B – 2018 based Population Projections Appendix C – Harborough Health Profile 2019 Appendix D – 2019 Health Dashboard Appendix E – Health and Wellbeing Action Plan 2022-2024 Appendix F – Engagement Survey Results Appendix G - Equality Analysis Health & Wellbeing

Executive Summary

The purpose of the Health and Wellbeing Strategy will ensure that the key priorities within the Corporate Plan are delivered, specifically, 'Promoting health and wellbeing and encouraging healthy life choices.

The Council is in a strong position to influence and support many wider determinants of health through the services that are delivered, either solely or in partnership with our stakeholders.

This strategy also underpins the procurement of the new leisure contract for 2024 and focuses on 6 cross cutting strategic priorities: -

1. Quality homes for all
2. Community infrastructure
3. Skills, jobs & income
4. Stronger communities
5. Mental health
6. Physical health

The strategy is based on evidence of the current health and wellbeing of Harborough districts residents and the future predicted health.

Recommendations

- **To approve the Health and Wellbeing Strategy 2022-2027 which sets strategic objectives and an action plan to deliver on these objectives.**
- **To approve the Health and Wellbeing Action Plan 2022 – 2024.**

Reasons for Recommendations

Approval of the Health and Wellbeing Strategy will ensure;

- The Council understands and works to improve the health and wellbeing of the residents in partnership with key stakeholders and alongside our communities.

1. Purpose of Report

1.1. To agree the Health and Wellbeing Strategy 22-2027, which aligns to the Council's key Corporate Priorities, as outlined in the Corporate Plan and to agree Action Plan.

2. Background

2.1. The health and wellbeing of a person or community is influenced by many factors, including:

- Personal characteristics including sex, age, ethnic group, and hereditary factors,
- Individual 'lifestyle' factors including behaviours such as smoking, alcohol use, and physical activity,
- Social and community networks and support including family and wider social circles,
- Living and working conditions including access and opportunities in relation to jobs, housing, education and welfare services,
- General socioeconomic, cultural and environmental conditions including factors such as disposable income, cost of living and availability of work.

2.2 The Council is in a strong position to influence and support many of these wider determinants of health through the services we deliver, either solely or in partnership with our stakeholders. The importance of health and wellbeing to the purpose of the Council is reflected in our new Corporate Plan.

2.3 The purpose of developing a Health and Wellbeing Strategy is to help deliver the Corporate Plan 2022 – 2031, working closely with partner agencies to ensure that health and wellbeing is a focal point in Harborough. The strategy will also underpin the procurement of a new leisure contract for 2024.

3. Details

3.1. The Health and Wellbeing Strategy identifies six cross-cutting strategic priorities for Health and Wellbeing in Harborough District between 2022 and 2027

- Quality homes for all
- Community infrastructure
- Skills, jobs & income
- Stronger communities
- Mental health
- Physical health

3.2 The strategy has been informed and based evidence and views which are included in the appendices; this include a review of national and local datasets:

- Appendix B - Population Projections
- Appendix C - Local Authority Health Profile
- Appendix D - Index of Multiple Deprivation.
- Review of Team Plans and existing strategies
- Engagement with residents and partners via surveys and roadshows.

3.3 The conclusion is that as a district there are several challenges that residents face in terms of their health and wellbeing. Some of these are universal challenges observable on a

national level that all local authorities must tackle, such as the rising incidence of inactivity, an ageing population and the impacts of the coronavirus pandemic, whilst others are more local, such as the limitations in our transport infrastructure and the rural isolation experienced by some of our communities.

3.4 To support delivery of the strategy an action plan has been devised which will be reviewed on a regular basis to ensure the Council and partners are delivering on improving health and wellbeing for residents, **Appendix E**.

3.5 The Health and Wellbeing Strategy and Action Plan will also support the Council to engage in the wider health agenda. The NHS Long Term Plan (NHS England, 2019) is giving a platform for partnership working and integration, bringing together local authorities, the voluntary and community sector, NHS bodies and others to look collectively at improving wider determinants for health and meeting the needs of the population they serve. Harborough District Council is part of this new Integrated Care System and part of the Leicestershire Health and Wellbeing Board which is developing a Health and Wellbeing Strategy for Leicestershire.

4. Implications of Decisions

4.1. Corporate Priorities

- 4.1.1. The strategy will contribute towards the delivery of 3 of the 4 key Corporate Priorities: -
- 4.1.1.1. Promoting health & wellbeing and encouraging healthy life choices.
 - 4.1.1.2. Community Leadership to create a sense of pride in our place.
 - 4.1.1.3. Creating a sustainable environment to protect future generations.

4.2. Financial

- 4.2.1. The action plan will be delivered through existing resources and by working alongside our key strategic partners.

4.3. Legal

- 4.3.1. None.

4.4. Policy

No policy issues arise directly from this report.

4.5. Environmental Implications including contributions to achieving a net zero carbon Council by 2030

- 4.5.1. There is likely to be a positive effect on environmental implications as residents are encouraged to move more and sit less; to utilise walking, running and cycling to travel around our neighbourhoods and green spaces.

4.6. Risk Management

No risk management issues arise directly from this report.

4.7. Equalities Impact

No equalities issues arise directly from this report.

4.8. Data Protection

No data protection issues arise directly from this report.

5. Summary of Consultation and Outcome

5.1. Engagement has taken place with residents and 447 responses were received, see Appendix F. This information has been feed into the Action Plan.

6. Alternative Options Considered

6.1 To not have an approved Health and Wellbeing Strategy was considered but following the importance of this work linked to the Corporate Plan, this was considered not beneficial.

7. Background papers

Scrutiny Report 30 June 2022 - [Meetings and Events \(harborough.gov.uk\)](https://www.harborough.gov.uk).