

HDC-led Action Plan

This action plan relates to the work that Harborough District Council (HDC) will lead on for the Health & Wellbeing Strategy 2022/27

No.	Objective	What we will do	By when	Who will deliver this?	Milestones	Target/Outcome	Update on actions as at Jan 2024
Priority 1 - Housing for all							
1.a	Promote high design standards for new housing	Review policy as part of Local Plan refresh	2022/23	Planning Policy, Registered Providers.	Refresh of local plan	Achieve high design standards for new homes	A Design Code will be prepared following preparation of the new Local Plan. This is currently budgeted for in 2025/6.
1.b	Improve living accommodation within the district	Private sector inspections work to minimise empty properties	2022/23	Regulatory Services	Monitor the implementation of the HMO inspection programme. Cross service working on problematic empty properties	Protect the most vulnerable from the activities of poor landlords. Minimise the impact of empty homes on local communities	In 2022/23 (by Q3) 16 empty homes had interventions carried out to bring them back to use. The district currently has 12 HMOs registered with the council. Under the new civil penalties act - HDC have not fined or prosecuted any landlords yet but a series of enforcement notices have been served to make improvements.
1.c	Support vulnerable adults and older people to remain independent in their homes	Support the Lightbulb project	2022/23	Regulatory Services	Monitor implementation of the Lightbulb work programme	Keeping vulnerable people independent in their homes, helping to avoid unnecessary hospital admissions or GP visits, and facilitating timely discharges through the on-going delivery of	In quarter two 2023/24 the average time for disability adaptations to be completed was 12 weeks Application data 2021/22 105 cases received 79 cases completed 70 cases in work flow 2022/23 111 cases received

						the Lightbulb project.	85 cases completed 75 cases in work flow 2023/24 up to end of Qu 2 62 cases received 29 cases completed 39 cases in work flow
1.d	Provide energy efficiency advice and measures	Provide energy efficiency advice and measures	2022/23	Regulatory Services, district, and county partners.	Support delivery of Warm Homes Project, Collective Energy Switching. Prepare for additional opportunities for housing retrofit subject to external funding availability	Reduced energy consumption in the district. More households can access cheaper electricity tariffs. Reduced emissions of greenhouse gasses. Increase the take up of renewable energy across the district	In Q3 and Q4 2023, HUG 2 funding was launched a number of properties have begun qualification for works. The first batch of properties are due to begin works in Feb 2024. Further work on energy efficiency and retrofit is being developed as part of the Green Living Leicestershire partnership, delivered by LCC warm homes team. This includes a new programme starting in Spring 2024 to signpost residents to opportunities for improving their home energy efficiency. Collective switching has been paused whilst energy costs have been high and no competitive switching was being offered. An auction has taken place in January and offers are being sent out to over 500 registrants. Information on numbers switching will be available in Feb 2024.

1.e	Build services and pathways to housing for vulnerable groups	Work with district and borough councils and partners to develop housing protocols for vulnerable groups	2022/23	Housing, Chief Housing Officers Group, Registered Providers	Protocols and pathways in place for Rough Sleepers, Care Leavers, 16/17 Homeless, Prisoners, Mental Health, Veterans	Vulnerable groups are supported to access safe and affordable housing	Housing team is currently consulting on a replacement Housing, homelessness prevention and rough sleeping strategy to help address the 100%+ increase in homeless presentations between 2019/20 and 2022/23.
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Priority 2 - Community Infrastructure							
2.a	Secure and invest in community infrastructure through the s106 process	Ensure policy and procedures are in place to secure s106 funding and direct to local projects	2022/23	Planning Policy Health & Wellbeing	Annual Infrastructure Funding Statement	Ensure the necessary infrastructure is provided to meet the needs of future development.	<p>Annual IFS was published on council website in December 2023, Funding in 2023/24. The committee reviewed 4 applications and the approvals from 27th September Meeting are as follows</p> <p>001 – S106 R2 2023/24 Ullesthorpe Village Memorial - Unanimously agreed to support in full</p> <p>002 – S106 R2 2023/24 North Kilworth Parish Council Unanimously agreed to support in full</p> <p>003 – S106 R2 2023/24 Kibworth Beauchamp Parish Council Unanimously agreed to support in part</p> <p>004 – S106 R2 2023/24 Kibworth Scouts and Guides Unanimously agreed to support in part.</p> <p>There have been eight non-committee applications, seven of which have been approved and funded, these are:</p>

							<ul style="list-style-type: none"> -Shangton PC -Broughton Astley PC x 2 -Kibworth Harcourt PC -Robert Monks Foxton Charity -Theddingworth Church -Sutton in the Elms
2.b	Support the preparation of Neighbourhood Plans and local health and wellbeing objectives	Support the preparation of Neighbourhood Plans and local health and wellbeing objectives	2022/23	Planning Policy, Health & Wellbeing, parish and town councils, community and voluntary groups.	The number of Neighbourhood Plans that have been 'made'	Bringing community together to promote community cohesion and civic pride	<p>During 2022 -24</p> <ul style="list-style-type: none"> - Kibworth Neighbourhood Plan Review passed Referendum on 4 May 2023. Plan now 'made'. - Dunton Bassett Neighbourhood Plan Passed Referendum on 29 June 2023. Plan now 'made'. - Little Bowden Neighbourhood Forum Designated 9 Feb 2023. - Little Bowden Neighbourhood Area Designated 9 Feb 2023. - Welland Neighbourhood Forum Designated 18 July 2023. - Welland Neighbourhood Area Designated 18 July 2023. - Medbourne Neighbourhood Plan Review (minor non-material) modifications complete. <p>The following are currently in consultation stage Billesdon, Logan and Arden.</p>

2.c	Work in partnership to ensure green spaces are accessible	Establish and sustain links with partners such as Green Spaces, Rights of Way and Countryside Access to develop innovative, sustainable programmes in the natural environment that target those recognised as having low levels of physical activity.	2022/23	Health & Wellbeing Environmental Services Parish Councils, Town councils	6monthly updates on Physical Activity Commissioning Plan	Residents are able to access local green spaces	Working with the Rivers and Canals Trust to deliver on year 2 in South Leicestershire. Referrals have provided the opportunity to take part in physical activity sessions developed around the canals and waterways to improve physical and mental health. A project co-ordinator has developed the scheme in Harborough, working directly with partners and participants. Linked to blue Social Prescribing below the programme utilises countryside to deliver walking groups when weather means that community cannot access the water.
2.d	Work in partnership to improve access to canals and waterways	Develop Blue Social Prescribing and physical activity sessions developed around the canals and waterways to improve mental health	2022/23	Health & Wellbeing Canals & Rivers Trust	6monthly updates on Physical Activity Commissioning Plan	Residents are supported to access local waterways and canals	192 attendances at blue social prescribing events, retained for 2023/24 via UKSPF funding activities include Canoeing, Paddle boarding and walking groups

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Priority 3 - Skills, Jobs & Income							
3.a	Develop training opportunities that contribute towards health and wellbeing	Identify, develop and review training opportunities for instructors, casual staff, coaches and volunteers to ensure that they have the necessary knowledge and qualifications to meet requirements of both national and local physical activity guidelines.	2022/23	Health & Wellbeing Economic Development, local businesses	6monthly updates on Physical Activity Commissioning Plan	Increase the number of training opportunities	Staff trained to deliver level 4 programmes such as Steady steps and Escape Pain a pilot programme within the district
3.b	Local employment average salary levels are sufficient to allow residents to live and work locally	Promote investment and job growth	2022/23	Economic Development, local businesses	Quarterly updates	Average salary levels are sufficient to allow residents to live and work locally	Average salary in Harborough Is currently at £38K , Housing affordability ration currently at 9.52(higher than England) Continue to host and deliver job fairs across the year to help retain local talent.

3.c	Ensure advice and support for vulnerable residents to manage debts and access full benefit entitlement/ maximise income	Commission free advice and support for residents to access to help manage debts and maximise income	2022/23	Community Partnerships, voluntary and community groups	Quarterly updates and annual Scrutiny	Number of clients supported Increased income	In quarter 1 2 3/24 the CAB supported 675 clients in Harborough. They recorded £71,050 of debt. Top benefit issue was localised social welfare. Top debt issue was council tax.
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Priority 4 - Stronger Communities							
4.a	Enable funding and support for the voluntary and community sector to support health and wellbeing outcomes	Grow the Harborough Lotto as an income source for local groups that support health and wellbeing	2022/23	Community Partnerships, Community and Voluntary sector organisations	Annual increase in the number of groups registered as good causes with the Harborough Lotto	Increase the amount of funding generated by the Harborough Lotto	Promotion of the Lottery has been undertaken, money received to enable sufficient grant opportunities remains low. The economic climate and pressures of cost of living may have impacted take-up of the lotto. Further work will be undertaken during the next year to better understand any reasons for low take up and to see if this could be increased.
4.b	Work in partnership with specialist charities that can help tackle health inequalities	Work with Travelling Forward project as part of the multi-agency approach to engaging the Traveller community	2022/23	Community Partnerships, Local Area Co-ordinators (LCC), CCG/ICS	Regular updates on work to engage Traveller Community via the Community Safety Partnership	Increase initiatives that improve health outcomes and tackle health inequalities	HCCYC attend multi-agency Project Listen Meetings to update on Travelling Forward project. Next meeting 7 th February.
4.c	Increase awareness of the rapidly ageing population and health related conditions e.g. dementia	Work with LOROS to develop Market Harborough as the first Compassionate Town / District in Leicestershire	2022/23	Community Partnerships, LOROS, Local Area Co-ordinators (LCC)	Annual update	Number of organisations engaged in Compassionate Town / District	Closed - Due to changes within the LOROS structure they were no longer able to continue with this initiative.

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Priority 5 - Mental Health							
5.a	Develop awareness of mental health in the workplace	Provide Mental Health First Aid (MHFA) training for Council Officers	2022/23	Human Resources	Annual update on number of staff trained	Increase the awareness of mental health and how to help	Mental health first aider course took place for staff (12) in December 2022.
5.b	Work with Early Help services to support young people to improve mental health	Support local services and schools as required through coordinating the local Think Family Partnership	2022/23	Health & Wellbeing Early Help Services, LCC, CCG/ICS	Quarterly Meetings		HDC continues to Chair the Thinking Families meetings and will continue to do so
5.c	Work with health services to promote the central access point	Promote 24hr Mental Health Central Access Point - 0808 800 3302 for anyone needing mental health support	2022/23	Communications Community Partnerships Leicestershire Partnership Trust, ICS	Quarterly updates	Increase the number of residents accessing support from the Central Access Point	Advertising of the link to the mental health pages are regular items on the council's social media accounts and information features on the council's mental health and wellbeing web page: www.harborough.gov.uk/mental-health
5.d	Support the local delivery of crisis cafes in Market Harborough and Lutterworth	Host crisis cafes at TSB and Lutterworth Sports Centre	2022/23	Community Partnerships Leicestershire Partnership Trust	Quarterly updates	Increase the number of residents accessing support from Crisis Cafes	Crisis Cafes run weekly on a Wednesday in The Symington Building and every Friday at the Wellbeing Hub in Lutterworth.

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Priority 6 - Physical Activity							
6.a	Support partners to deliver and commission physical activity sessions for children and young people	Work with the School Sports Partnership Activity Network	2022/23	Health & Wellbeing SSPAN	6monthly updates on Physical Activity Commissioning Plan	Increase physical activity of children & young people - particularly females, SEN	12,245 attendances at activities aimed at children and young people in 2022/2023.
6.b	Develop pathways into physical activity accessible for everyone in the district	Develop the Physical Activity pathway - receiving referrals from First Contact Plus	2022/23	Health & Wellbeing Team, town and parish councils, community and voluntary groups, Leisure provider.	6monthly updates on Physical Activity Commissioning Plan	Increase in physical activity in the following groups People with a disability Inactive Adults Females Those in more deprived areas Rural places with limited services	New pathway is now in place, in fact First Contact has become a relatively small cog in the referral wheel with the focus moving more to self-help and referral. Active Harborough team have become facilitators to referral within the community
6.c	Develop place led physical activity opportunities - particularly for hard-to-reach groups	Supervise a team of coaches / instructors / motivators / casual staff and volunteers to deliver a range of physical activity opportunities in (district) and monitor and evaluate their success	2022/23	Health & Wellbeing Team, town and parish councils, community and voluntary groups, Leisure provider.		Increase in physical activity in the following groups People with a disability Inactive Adults Females Those in more deprived areas Rural places with limited services	Utilising the project infrastructure developed over a 5 year period, JUST targeted inactive females using existing sessions in sports clubs and local sessions with capacity for more participants suitable for women. the programme received significant exposure and a wider variety of sessions in 2022/23 we had 109 individuals take part in the programme within Harborough District alone.

6.d	Increase the health and wellbeing offer at Leisure Centres and increase participation - particularly for hard-to-reach groups		2022/23	Everyone Active Health & Wellbeing Team		Increase in physical activity in the following groups Children & Young People People with a disability Inactive Adults Females Those in more deprived areas Rural places with limited services	2868 swimming lesson memberships across the contract within Harborough district Senior sessions are running very well with 535 attendances across the contract. These sessions include Kurling, badminton, Circuits and walking Football. And badminton Dementia friendly Boccia and love to move sessions has had 63 attendances. Moving forwards will be linking in with Leicester Tigers.
6.e	Promote wellbeing at work	Promote the Wellbeing@Work Package to local businesses and schools, and for the workforce needs assessment to be undertaken by businesses/schools to identify health & wellbeing priorities and embed an action plan for their workforce.	2022/23	Health & Wellbeing Economic Development	6monthly updates on Physical Activity Commissioning Plan	Increase the business take up of Wellbeing@Work	Economic Development team continue to promote the wellbeing@work scheme through the business bulletin throughout the year.

6.f	Improve air quality in both the Kibworth's and Lutterworth	Work with other agencies to work towards delivering the outcomes of the Air Quality Action Plan and to improve the local air quality within the district.	2022/23	Regulatory Services	By continuing to monitor Air Quality throughout the district and reviewing the results, meeting our legal obligations to implement the AQMA action plans in both the Kibworth's and Lutterworth, submitting the ASR on time and taking the necessary reports to Cabinet.	Air quality monitoring	<p>An Air Quality study will be undertaken to inform the preparation of the new Local Plan. This will consider the impact of new development on existing AQMAs and the potential for wider impacts. It will be used as part of the evidence base to inform recommendations of an appropriate strategy for the location of new development.</p> <p>Air quality monitoring continues to be undertaken in the two air quality management areas in the district. There were no exceedances of the national air quality objective levels.</p> <p>The 2023 Annual Status report will be published in Quarter 3 2024/25 .</p>
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