

**Harborough District Council**  
**Report to**  
**Performance Overview and Scrutiny**  
**Meeting of 28 February 2024**



<b>Title:</b>	Health and Wellbeing Strategy Report
<b>Status:</b>	Public
<b>Key Decision:</b>	N/A
<b>Report Author:</b>	Rachael Felts – Head of Customer Services and Community Partnerships Steve Taylor – Health and Wellbeing Manager
<b>Portfolio Holder:</b>	Cllr Jim Knight, Wellbeing
<b>Appendices:</b>	Appendix A – Health and Wellbeing Strategy 2022-2027 Appendix B – Health and Wellbeing Action Plan 2022-2024 Appendix C – Leisure Strategy 2024-2027

**Executive Summary**

- i. The Health and Wellbeing Strategy ensures that the key priorities within the Corporate Plan are delivered, specifically, ‘Promoting health and wellbeing and encouraging healthy life choices.
- ii. The Health and Wellbeing Strategy and the Action Plan was approved by Cabinet at its meeting 22<sup>nd</sup> October 2022.
- iii. This report provides Members of Performance Overview and Scrutiny with an update on the action plan which supported the implementation of the Health and Wellbeing Strategy 2022-2027.
- iv. The report also introduces the new Leisure Strategy 2024-2027 (draft) which will align with and form an addendum of the Health and Wellbeing Strategy 2022-2027.

**Recommendations**

- **To note the actions undertaken in the Action Plan (Appendix B) which supports the aims of the Health and Wellbeing Strategy.**
- **To note that a refresh of the Action Plan will take place to ensure actions remain relevant, and these actions are embedded into business as usual to ensure continuous delivery of Health and Wellbeing across all service areas.**
- **To note the Leisure Strategy 2024-27 at Appendix C, which will align to and form an addendum to The Health and Wellbeing Strategy 2022-2027 to support the health and wellbeing of our community.**

**Reasons for Recommendations**

- Through continued work in partnership with key stakeholders and alongside our communities the Council can aim to improve the health and wellbeing of residents.



# 1. Purpose of Report

- 1.1 To note the work the council has undertaken during the last year to support the delivery of the Health and Wellbeing Strategy through the Health and Wellbeing Action plan.

# 2. Background

- 2.1 The health and wellbeing of a person or community is influenced by many factors, including personal characteristics including sex, age, ethnic group, and the individual 'lifestyle' factors including behaviours such as smoking, alcohol use, and physical activity.
- 2.2 Social and community networks, family support, access and opportunities in relation to jobs, housing, education and welfare services, along with the socioeconomic, cultural and environmental conditions including factors such as disposable income and cost of living all play a part in someone's health and wellbeing.
- 2.3 The Council is in a strong position to influence and support many of these wider determinants of health through the services it delivers, either solely or in partnership with stakeholders. The importance of health and wellbeing to the purpose of the Council is reflected in the Corporate Plan.
- 2.4 The purpose of the Health and Wellbeing Strategy aims to help deliver the Corporate Plan 2022 – 2031, working closely with partner agencies to ensure that health and wellbeing is a focal point in Harborough District.

# 3. Details

- 3.1 The Health and Wellbeing Strategy (**Appendix A**) identifies six cross-cutting strategic priorities for Health and Wellbeing in Harborough District between 2022 and 2027, these are:
  - Quality homes for all
  - Community infrastructure
  - Skills, jobs & income
  - Stronger communities
  - Mental health
  - Physical health
- 3.2 An Action Plan was prepared which supported the delivery of the Strategy. The purpose of this report is to review this action plan and to demonstrate how the actions have been implemented. Update on the actions can be found at **Appendix B**.
- 3.3 The Cabinet report of October 2022 noted the Action Plan would be reviewed to ensure the Council and partners continued to deliver and improve health and wellbeing for residents.

- 3.4 A refresh of the Action Plan will take place to ensure actions remain relevant, and these actions will be embedded into business as usual through service area Team Plans, to ensure continuous delivery of Health and Wellbeing across all service areas from April 2024.
- 3.5 The purpose of the Leisure Strategy found at **Appendix C** will provide a plan for promoting and developing leisure opportunities within the district. The plan will need to be flexible and able to adapt and change to meet the future leisure demands and expectations of residents.
- 3.6 It is important a stand-alone strategy is not created but to offer a comprehensive plan which will enhance the leisure offerings for our residents. Therefore, it is vital to integrate and align the Leisure Strategy 2024-2027 with the Health and Wellbeing Strategy 2022-2027. By doing so, resources can be maximised and create a holistic approach to leisure development that caters for the needs of the community.
- 3.7 The Leisure Strategy focuses on five key areas each with own objectives. As well as aligning this Strategy to the Health and Wellbeing Strategy, the outcomes will need to be aligned to the Leisure Centre Capital Investment project which will commence from April 2024 as part of the new operator contract.
- 3.8 An Action Plan to support the delivery of the Leisure Strategy will be prepared once more is understood on the timings for the Capital Investment works. Where possible the outcomes will be delivered through business as usual, the Capital Investment project, and/or a stand-alone action plan.

## 4. Implications of Decisions

### Corporate Priorities

- 4.1 The strategy will contribute towards the delivery of 3 of the 4 key Corporate Priorities:
- Promoting health & wellbeing and encouraging healthy life choices.
  - Community Leadership to create a sense of pride in our place.
  - Creating a sustainable environment to protect future generations.

### Consultation

- 4.2 None.

### Financial

- 4.3 The action plan continues to be delivered through existing resources and by working alongside our key strategic partners.

### Legal

- 4.4 None.

### Environmental Implications

- 4.5 There is likely to be a positive effect on environmental implications as residents are encouraged to move more and sit less; to utilise walking, running and cycling to travel around our neighbourhoods and green spaces.

## **Risk Management**

4.6 No risk management issues arise directly from this report.

## **Equalities Impact**

4.7 The Equality Analysis was completed to support the Health and Wellbeing Strategy and formed part of the report to Cabinet in October 2022.

## **Data Protection**

4.8 No data protection issues arise directly from this report.

## **5. Alternative Options Considered**

5.1 This report is to note the actions undertaken to support the Health and Wellbeing Strategy. As there are no decisions, no alternative options have been considered.

## **6. Recommendation**

6.1 To note the actions undertaken in the Action Plan (Appendix B) and the Leisure Strategy 2024-27 (Appendix C) both of which supports the Health and Wellbeing Strategy.

## **7. Background papers**

- Scrutiny Report 30 June 2022 - [Meetings and Events \(harborough.gov.uk\)](https://www.harborough.gov.uk).
- Cabinet Report 10 October 2022 - [Meetings and Events \(harborough.gov.uk\)](https://www.harborough.gov.uk)