

## Harborough Leisure Centre Member Testimonials

“If you are thinking of returning to the Leisure Centre, then do it.

I went back to fitness classes when the leisure centre opened, it was great to get a welcome from the staff, see familiar faces in the classes/gym, and to have a chat after the class.

Strict COVID procedures are in place and everyone observes them. Don't forget the pleasure of exercise and the benefits of it to our mental and physical health.”

- **Amanda Carter (Left)**



“I'm 73 now and I feel extremely happy and safe at the centre post lockdown.

It is great to see all the machines spotless and all the members cleaning the equipment they use. The equipment on offer suits me really well, I have been at this centre for a very long time and I'm always finding new ways to push myself with the help of the motivators on the gym floor.

I really enjoy coming as it has a really nice community feel and everyone from members to staff are friendly and always happy to chat.

Well done Everyone Active and the Team at Harborough Leisure Centre”

- **Ray Lack**



“I just wanted to say thank you for the way Everyone Active has handled the re-opening of the gym in Market Harborough. I was actually medically shielded.

Firstly and most importantly, I feel safe. A lot of work has been firstly thought through and then put into practice to look after the members. I feel extremely comfortable with the distancing measures and the copious amounts of sanitiser available. Equipment is kept well separated and markings on the floor for group activities leave you in no doubt about your individual 2 metre space.

Personally I spin and go to the combat classes, which I love. The class feeds mind and body, it is 45 minutes of great fun, exercise, laughter, and a lot of sweat.

Work as hard or as little as you like no one will judge, all you will get is encouragement from the super friendly and talented instructors. If Combat is not your bag, no problem, there is a large variety of classes that means that your preference can be catered for and you just might find a gym gem that you didn't know existed like I did with Combat.

Finally I would say that if you ever feel lonely or in need of company then the leisure centre is the place to be. Members of all ages and body types mean you will fit in, make friends and feel comfortable. Thank you Everyone Active for playing such a large part in keeping me fit and even sane, although some might disagree with that!”

- **Tim Barnwell**



“I've participated in classes both instructor led and virtual since the reopening. Gym sessions are well structured and the ten minute break between sessions ensures the standard of safety and cleanliness is maintained.

The staff and instructors are great. Very helpful, professional, and welcoming.

All in all, Harborough Leisure Centre is exemplary in its commitment to deliver a safe environment for everyone. You couldn't wish for a better gym to workout in!”

- **Jan Robbins**

