

<b>Health &amp; Wellbeing Strategy Action Plan 2022/23</b>						
No.	Objective	What we will do	By when	Who will deliver this?	Milestones	Target/Outcome
<b>Priority 1 - Housing for all</b>						
1.a	Promote high design standards for new housing	Review policy as part of Local Plan refresh	2022/24	Planning Policy	Commence refresh of local plan	Achieve high design standards for new homes
1.b	Improve living accommodation within the district	Private sector inspections work to minimise empty properties	2022/23	Regulatory Services	Monitor the implementation of the HMO inspection programme.  Cross service working on problematic empty properties	Protect the most vulnerable from the activities of poor landlords.  Minimise the impact of empty homes on local communities
1.c	Support vulnerable adults and older people to remain independent in their homes	Support the Lightbulb project	2022/23	Regulatory Services	Monitor implementation of the Lightbulb work programme	Keeping vulnerable people independent in their homes, helping to avoid unnecessary hospital admissions or GP visits and facilitating timely discharges through the on-going delivery of the Lightbulb project.
1.d	Provide energy efficiency advice and measures	Provide energy efficiency advice and measures	2022/23	Regulatory Services	Support delivery of Warm Homes Project, Collective Energy Switching, Prepare for additional opportunities for housing retrofit subject to external funding availability	Reduced energy consumption in the District. More households can access cheaper electricity tariffs. Reduced emissions of greenhouse gasses. Increase the take up of renewable energy across the district
1.e	Build services and pathways to housing for vulnerable groups	Work with district and borough councils and partners to develop housing protocols for vulnerable groups	2022/23	Housing Chief Housing Officers Group	Protocols and pathways in place for Rough Sleepers, Care Leavers, 16/17 Homeless, Prisoners, Mental Health, Veterans	Vulnerable groups are supported to access safe and affordable housing
<b>Priority 2 - Community Infrastructure</b>						
2.a	Secure and invest in community infrastructure through the s106 process	Ensure policy and procedures are in place to secure s106 funding and direct to local projects	2022/23	Planning Policy Health & Wellbeing	Annual Infrastructure Funding Statement	Ensure the necessary infrastructure is provided to meet the needs of future development.
2.b	Support the preparation of Neighbourhood Plans and local health and wellbeing objectives	Support the preparation of Neighbourhood Plans and local health and wellbeing objectives	2022/23	Planning Policy Health & Wellbeing	The number of Neighbourhood Plans that have been 'made'	Bringing community together to promote community cohesion and civic pride

2.c	Work in partnership to ensure green spaces are accessible	Establish and sustain links with partners such as Green Spaces, Rights of Way and Countryside Access to develop innovative, sustainable programmes in the natural environment that target those recognised as having low levels of physical activity.	2022/23	Health & Wellbeing Environmental Services Parish Councils	6monthly updates on Physical Activity Commissioning Plan	Residents are able to access local green spaces
2.d	Work in partnership to improve access to canals and waterways	Develop Blue Social Prescribing and physical activity sessions developed around the canals and waterways to improve mental health	2022/23	Health & Wellbeing Canals & Rivers Trust	6monthly updates on Physical Activity Commissioning Plan	Residents are supported to access local waterways and canals
<b>Priority 3 - Skills, Jobs &amp; Income</b>						
3.a	Develop training opportunities that contribute towards health and wellbeing	Identify, develop and review training opportunities for instructors, casual staff, coaches and volunteers to ensure that they have the necessary knowledge and qualifications to meet requirements of both national and local physical activity guidelines.	2022/23	Health & Wellbeing Economic Development	6monthly updates on Physical Activity Commissioning Plan	Increase the number of training opportunities
3.b	Local employment average salary levels are sufficient to allow residents to live and work locally	Promote investment and job growth	2022/23	Economic Development	Quarterly updates	Average salary levels are sufficient to allow residents to live and work locally
3.c	Ensure advice and support for vulnerable	Commission free advice and support for	2022/23	Community	Quarterly updates and annual Scrutiny	Number of clients supported
<b>Priority 4 - Stronger Communities</b>						
4.a	Enable funding and support for the voluntary and community sector to support health and wellbeing outcomes	Grow the Harborough Lotto as an income source for local groups that support health and wellbeing	2022/23	Community Partnerships	Annual increase in the number of groups registered as good causes with the Harborough Lotto	Increase the amount of funding generated by the Harborough Lotto
4.b	Work in partnership with specialist charities that can help tackle health inequalities	Work with Travelling Forward project as part of the Multi-agency approach to engaging the Traveller community	2022/23	Community Partnerships	Regular updates on work to engage Traveller Community via the Community Safety Partnership	Increase initiatives that improve health outcomes and tackle health inequalities
4.c	Increase awareness of the rapidly ageing population and health related conditions e.g. dementia	Work with LOROS to develop Market Harborough as the first Compassionate Town / District in Leicestershire	2022/23	Community Partnerships	Annual update	Number of organisations engaged in Compassionate Town / District
<b>Priority 5 - Mental Health</b>						
5.a	Develop awareness of mental health in the workplace	Provide Mental Health First Aid (MHFA) training for Council Officers	2022/23	Human Resources	Annual update on number of staff trained	Increase the awareness of mental health and how to help

5.b	Work with Early Help services to support young people to improve mental health	Support local services and schools as required through coordinating the local Think Family Partnership	2022/23	Health & Wellbeing Early Help Services	Quarterly Meetings	
5.c	Work with health services to promote the central access point	Promote 24hr Mental Health Central Access Point - 0808 800 3302 for anyone needing mental health support	2022/23	Communications Community Partnerships Leicestershire Partnership Trust	Quarterly updates	Increase the number of residents accessing support from the Central Access Point
5.d	Support the local delivery of crisis cafes in Market Harborough and Lutterworth	Host crisis cafes at TSB and Lutterworth Sports Centre	2022/23	Community Partnerships Leicestershire Partnership Trust	Quarterly updates	Increase the number of residents accessing support from Crisis Cafes
<b>Priority 6 - Physical Activity</b>						
6.a	Support partners to deliver and commission physical activity sessions for children and young people	Work with the School Sports Partnership Activity Network	2022/23	Health & Wellbeing SSPAN	6monthly updates on Physical Activity Commissioning Plan	Increase physical activity of children & young people - particularly females, SEN
6.b	Develop pathways into physical activity accessible for everyone in the district	Develop the Physical Activity pathway - receiving referrals from First Contact Plus	2022/23	Health & Wellbeing Team	6monthly updates on Physical Activity Commissioning Plan	Increase in physical activity in the following groups People with a disability Inactive Adults Females Those in more deprived areas Rural places with limited services
6.c	Develop place led physical activity opportunities - particularly for hard to reach groups	Supervise a team of coaches / instructors / motivators / casual staff and volunteers to deliver a range of physical activity opportunities in (district) and monitor and evaluate their success	2022/23	Health & Wellbeing Team	6monthly updates on Physical Activity Commissioning Plan	Increase in physical activity in the following groups People with a disability Inactive Adults Females Those in more deprived areas Rural places with limited services
6.d	Increase the health and wellbeing offer at Leisure Centres and increase participation particularly for hard-to-reach groups	Monitoring and development of current leisure contract Development of Procurement Strategy for next leisure procurement in 2024	2022/23	Everyone Active Health & Wellbeing Team	Quarterly contract monitoring Completion of Leisure Procurement Strategy October 2022	Increase in physical activity in the following groups Children & Young People People with a disability Inactive Adults Females Those in more deprived areas Rural places with limited services

6.e	Promote wellbeing at work	Promote the Wellbeing@Work Package to local businesses and schools, and for the workforce needs assessment to be undertaken by businesses/schools to identify health & wellbeing priorities and embed an action plan for their workforce.	2022/23	Health & Wellbeing Economic Development	6monthly updates on Physical Activity Commissioning Plan	Increase the business takeup of Wellbeing@Work
6.f	Improve air quality in both the Kibworths and Lutterworth	Work with other agencies to work towards delivering the outcomes of the Air Quality Action Plan and to improve the local air quality within the District.	2022/23	Regulatory Services	By continuing to monitor Air Quality throughout the district and reviewing the results, meeting our legal obligations to implement the AQMA action plans in both the Kibworths and Lutterworth, submitting the ASR on time and taking the necessary reports to Cabinet.	Air quality monitoring