

**REPORT NO. 2**

**REPORT TO THE COMMUNITIES SCRUTINY PANEL  
MEETING OF 30 JUNE 2022**

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**Status:** For Discussion  
**Title:** Health & Wellbeing Strategy  
**Report of :** Tom Day, Community Partnerships Service Manager  
**Portfolio Holder:** Cllr Whelband, Housing, Communities & Wellbeing  
**Where from:** Health and Wellbeing Team  
**Where to next:** Cabinet

Objective: To input into the development of the Health and Wellbeing Strategy.

1. Outcome sought from Panel

1.1 To review and scrutinise the draft Health and Wellbeing Strategy 2022-2027.

2 Background

2.1 The health and wellbeing of a person or community is influenced by so many factors, including

- Personal characteristics including sex, age, ethnic group, and hereditary factors
- Individual 'lifestyle' factors including behaviours such as smoking, alcohol use, and physical activity
- Social and community networks and support including family and wider social circles
- Living and working conditions including access and opportunities in relation to jobs, housing, education and welfare services
- General socioeconomic, cultural and environmental conditions including factors such as disposable income, cost of living and availability of work.

2.2 The Council is in a strong position to influence and support many of these wider determinants of health through the services we deliver. The importance of health and wellbeing to the purpose of the Council is reflected in our new Corporate Plan.

2.3 The purpose of developing a Health and Wellbeing Strategy is to help us deliver our new Corporate Plan- working closely with partner agencies to ensure that health and wellbeing is a focal point in Harborough.

- 2.4 The strategy will also support the procurement of a new leisure contract in 2024 by influencing the Procurement Strategy, which will be discussed at the September Communities Scrutiny Panel meeting.
- 2.5 The draft Health and Wellbeing Strategy identifies six cross-cutting strategic priorities for Health and Wellbeing in Harborough District between 2022 and 2027
1. Quality homes for all
  2. Community infrastructure
  3. Skills, jobs & income
  4. Stronger communities
  5. Mental health
  6. Physical health
- 2.6 The draft strategy has been informed by a strategic review of opportunities and challenges. This included
- Review of national and local datasets
    - Appendix B** - Population Projections
    - Appendix C** - Local Authority Health Profile
    - Appendix D** - Index of Multiple Deprivation.
    - Appendix E** – Engagement Survey results
  - Engagement with residents and partners via surveys and roadshows
  - Review of Team Plans from all relevant departments
- 2.7 The conclusion is that as a district we face a number of challenges. Some of these are universal challenges observable on a national level that all local authorities must tackle, such as the rising incidence of inactivity, an ageing population and the impacts of the coronavirus pandemic, whilst others are more local, such as the limitations in our transport infrastructure and the rural isolation experienced by some of our communities.
- 2.8 To support delivery of the strategy an action plan has been drafted which will be reviewed annually. This is attached at **Appendix F**.
- 2.9 The Health and Wellbeing Strategy and Action Plan will also support the Council to engage in the wider health agenda. The NHS Long Term Plan (NHS England, 2019) is giving a platform for partnership working and integration - bringing together local authorities, the voluntary and community sector, NHS bodies and others to look collectively at improving wider determinants for health and meeting the needs of the population they serve. Harborough District Council is part of this new Integrated Care System and part of the

Leicestershire Health and Wellbeing Board which is developing a Health and Wellbeing Strategy for Leicestershire.

### **3 Points for discussion**

- The wider remit of this strategy and role of the Council in addressing the wider determinants of health
- Whether the strategy would benefit from the development of a local Health and Wellbeing Partnership
- The link between this strategy, the NHS and the Leicestershire Health & Wellbeing Board
- To feed any views and opinions to Cabinet

### **4 Equality Impact Assessment Implications/Outcomes**

- 4.1 A key driver for developing a Health and Wellbeing Strategy is to address health inequalities and to ensure support for most vulnerable in the community.

### **5 Impact on Communities**

- 5.1 This strategy will support improved health outcomes for places and communities.

### **6 Legal Issues**

- 6.1 There are no legal implications arising from the Health and Wellbeing Strategy.

### **7. Resource Issues**

- 7.1 There are no direct resources issues arising from the Health and Wellbeing Strategy at this stage. The strategy at this stage is about bringing together the work of the council and targeting existing resources more effectively.

### **8. Community Safety Implications**

- 8.1 High participation levels in sport and physical activity especially amongst young people are thought to contribute towards lower levels of anti-social behaviour (ASB).
- 8.3 People with mental health problems are more likely to be victims of crime, feel the impact of being a victim of crime more acutely and are less likely to get the support they need.

### **9. Carbon Management Implications**

- 9.1 There is likely to be a positive effect on Carbon management encouraging people to move more and sit less and utilise walking running and cycling as a means to travel around our neighbourhoods and a move to utilisation of social media rather than printed leaflets/promotional material will also play a part.

## **10 Risk Management Implications**

10.1 There are risks around a long-term decline in physical and mental health as a result of the Covid-19 Pandemic.

## **11 Consultation**

11.1 Engagement with residents and partners via surveys and roadshows

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### **Previous report(s):**

**N/A**

### **Appendices:**

**Appendix A - Draft Health and Wellbeing Strategy**

**Appendix B - Population Projections**

**Appendix C - Local Authority Health Profile**

**Appendix D - Index of Multiple Deprivation**

**Appendix E - Action Plan 2022/23**

**Appendix F - Health & Wellbeing Action Plan**